

## Speakers

**Jaelyn Ashla, M.T.**  
Reiki Master

**Paul D. Berkner, D.O., FAAP**  
Medical Director/Team Physician Colby College

**Amanda Boetsch Benner, DPT**  
New England Rehabilitation Hospital of Portland

**Richard Brown, CEO**  
Charlotte White Center

**Bethany Bryan**  
Survivor

**Beverly Bryant, M.Ed**  
Consultant and National Lecturer on the topic of brain injury

**Nicholas J. Cioe, Ph.D., CRC**  
Director of QA/QI, Lakeview Neurorehabilitation Center

**Marcia Cooper**  
Brain Injury Information Network

**Michelle Cyr, R.N.**  
New England Rehabilitation Hospital of Portland

**Meg Dexter**  
Senior Program Director, Lakeview NeuroRehabilitation Center

**Miguel Gaeta, M.D.**  
Trauma Medical Director, Elliot Hospital

**Ross Goldberg**  
Survivor's husband

**Bradley J. Goulet**  
President, Michael T. Goulet TBI and Epilepsy Foundation

**David A. Grant**  
Author, Metamorphosis, Surviving Brain Injury

**Marie Hayes, Ph.D.**  
Professor of Psychology and Graduate School of Biomedical Sciences at the University of Maine

**Marc J. Hebert**  
Survivor

**William Heinz, M.D.**  
Orthopedic Associates of Portland, P. A.

**Catherine Waterman, R.N.**  
Director of Case Management,  
New England Rehabilitation Hospital of Portland

## Members of the Planning Committee

Bev Bryant, MEd - Brain Injury Voices

Debra McPherson, M.S., RN-BC - Maine Medical Center

Janet Keith, OTR/L, CCM - NeuroRestorative

Kellie Selberg, NERH-P

Marcia Cooper - Brain Injury Information Network

**Erin Jaquith, O.T.**  
New England Rehabilitation Hospital of Portland

**Jamie Jarvis, MS CCCSLP**  
New England Rehabilitation Hospital of Portland

**Sarah Kotzur, N.D.**  
Naturopathic Medicine and Homeopathy

**Rorie Lee, Ph.D., MPH**  
Survivor

**Annemarie Loffeld, R.N., CRRN**  
Brain Injury Program Leader, New England Rehabilitation Hospital of Portland

**Jeff Logan, L.Ac**  
Acupuncturist

**Chris Lutryzkowski, M.D.**  
Central Maine Sports Medicine

**Pamela J. Searles, OTR/L, CBIS**  
AMHC/Aroostook Mental Health Center

**Peter Sedgwick, M.S., M.D.**  
Family Medicine Institute,  
Augusta Orthopaedic Associates and  
MaineGeneral's Sports Medicine

**Ken Shapiro**  
Survivor

**Paula J. Sparks**  
Survivor

**Carole Starr, M.S.**  
Motivational Speaker on Brain Injury

**Tina M. Trudel, Ph.D.**  
President/COO Lakeview Neurorehabilitation Center

**Alison Cynara van Zandbergen BSN, R.N., CBP**  
Body, Mind, Health, LLC

**Timothy P. Young, M.D.**  
Director Brain Injury Program, Spaulding Rehabilitation Hospital

**Hilary Zayed**  
Survivor

**Salah Zayed**  
Family member of survivor

Mary Otis, R.N., M.S. - MMC Neuroscience Institute

Michelle Campbell, R.N. - Lakeview NeuroRehabilitation Center

Nancy Benoit, R.N., CRRN, CCM - NLB Consulting

Penny McGonagle, R.N. - NERH-P

Terry Roy, LSW, CBIS - Goodwill NeuroRehab Services

Maine Medical Center  
Neuroscience Institute  
22 Bramhall Street  
Portland, ME 04102-3175



Tuesday, October 22, 2013

7:30 AM – 4:45 PM

Abromson Community Education Center  
University of Southern Maine, Portland

## 4TH ANNUAL CONFERENCE ON Defining Moments in Brain Injury

### Conference Description

This conference has been developed to meet the educational needs of health care professionals, service providers, and individuals with brain injuries and their families. The goal of the conference is to share current information, techniques, and strategies with attendees and to identify trends that will shape future brain injury services provided by area organizations.

### Who Should Attend

Health care professionals who provide services for patients following injury to the brain. The conference is appropriate for physicians, mental health care providers, nurses, care coordinators, case managers, social workers, speech language pathologists, educational professionals, and physical/occupational/recreational therapists, students, brain injury survivors and their families.

*This conference is made possible through the collaborative efforts of:*



# 4TH ANNUAL CONFERENCE ON Defining Moments in Brain Injury

Tuesday, October 22, 2013

## Opening Keynote: Tina Trudel, Ph.D.

Dr. Trudel is President and Chief Operating Officer of the Lakeview Companies, a leader in brain injury rehabilitation, medically complex care and neurobehavioral treatment nationally. She provides oversight of Lakeview's hospital, residential, community-integrated, home health and education programs for youth and adults across the United States. Dr. Trudel is also CEO/Principal of Northeast Evaluation Specialists; NES Assurance-international medical claims mgmt/contracting group; and NES Assurance of MA-insurance fiduciary agent. She served on the governing board of the Academy for the Certification of Brain Injury Specialists (ACBIS). Presently, she is an Assistant Professor of Clinical Psychiatry and Neurobehavioral Sciences at the University of Virginia School of Medicine. She is a licensed clinical neuropsychologist with extensive behavioral and rehabilitation experience, and has numerous publications (50+) and presentations (200+) in the areas of brain injury, cognition, neurotechnology, rehabilitation and neurobehavioral treatment, as well as specialties in PTSD, aging, gender issues and sexuality. Dr. Trudel was the recipient of the Brain Injury Association of America's 2008 Founder's Award for her work and advocacy in the field of brain injury rehabilitation.

## Mid-Morning Keynote: David A. Grant

David A. Grant, a freelance writer and endurance cyclist from southern New Hampshire, sustained a traumatic brain injury in November 2010. In September 2012, his newest book, "Metamorphosis, Surviving Brain Injury", was released nationally. Called by one health care professional, "the most revealing book about life with a brain injury" he had encountered in decades, Grant shares in exquisite detail the many challenges he faced in rebuilding a meaningful life after a brain injury. Topics covered in his book include the development of compensatory strategies after a brain injury, the changing face of relationships, and the importance of connecting with other brain injury survivors.

## Youth Concussion Management Track

We are pleased to offer Level I and Level II Concussion Mgmt Training. This track is an excellent opportunity to learn about the multitude of new advances in the realm of concussion management. Even the mildest trauma can have lasting effects, especially if it occurs during the formative high school years. Cognitive test batteries are effective, efficient, and relatively inexpensive to use...and this track will help you learn how.



## Contact Hours: 6.9

Maine Medical Center Department of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CME: 6.9; AMA PRA Category 1 Credit(s)™

Maine Medical Center is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation (CCMEA) to provide continuing medical education for physicians. Maine Medical Center designates this educational activity for a maximum of 6.9; AMA PRA Category 1 Credits(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

7:30 - 8:00 REGISTRATION				
8:00 - 8:15 WELCOME ADDRESS				
8:15 - 9:45 Opening Keynote: Neurotoxicity — Living in a Chemical World - Tina Trudel				
9:45 - 10:00 BREAK				
TRACK	MEDICAL	CLINICAL/ALLIED HEALTH	SURVIVOR	*YOUTH CONCUSSION
10:00 - 11:00	Promoting Independence with Assistive Technology  Richard Brown and Meg Dexter	Utilizing resources within a community  Pam Searles, OTR/L, CBIS	The Role of Complementary Medicine: Other Ways to Heal Jeff Logan, L.Ac - Acupuncture; Jaclyn Ashla, Reiki Master - Reiki; Sarah Kotzur, N.D. - Naturopathic Medicine and Homeopathy Alison van Zandbergen BSN, R.N., CBP Bringing Balance to Life with Essential Oils and BodyTalk	Brain 101: An Introduction to Concussion and Concussion Management
11:00 - 11:05 TRANSITION				
11:05 - 12:15 MID-MORNING KEYNOTE DAVID GRANT: "REBUILDING A MEANINGFUL LIFE AFTER BRAIN INJURY"				
12:15 - 1:15 LUNCH IS PROVIDED				
1:15 - 2:15	Initial Trauma Management of the Acutely Injured Patient - The Good, the Bad and the Ugly: A Case Study  Miguel Gaeta, M.D.	Acute Brain Injury - A Team Approach  A panel discussion led by Annemarie Loffeld, R.N.,CRRN	From Surviving to Thriving: Reinventing Oneself after Brain Injury  Hilary Zayed & Salah Zayed	Concussion Risk Factors, Outcomes, and Return to Function
2:15 - 3:15	The Evaluation and Management of Disorders of Consciousness in the Rehabilitation Setting  Timothy P. Young, M.D.	Parenting and Adolescent Brain Injury  Bradley J. Goulet	Building Resilience: The Art of Bouncing Forward  Carole Starr, M.S., Bethany Bryan, Marc Hebert, Paula Sparks	The Development of Neurocognitive Testing and Interpreting ImPACT
3:15 - 3:30 BREAK				
3:30 - 4:30	Pediatric Acquired Brain Injury (PABI)  Marie Hayes, Ph.D.	Factors Influencing Post-Acute Brain Injury Rehabilitation Treatment Outcome  Nicholas J. Cioe, Ph.D., CRC	Paths to Self-Advocacy: Through the Smog, with a Dog, and a Blog  Bev Bryant, M.Ed-Moderator; Presenters: Rorie Lee, Ph.D., MPH, & Ziva (Service Dog); Ross Goldberg; Marcia Cooper; Ken Shapiro	ImPACT Case Presentation
4:30 - 4:45 EVALUATIONS AND ADJOURN				

\*Youth Concussion Track presenters: Paul D. Berkner, D.O., FAAP; William Heinz, M.D.; Chris Lutryzkowski, M.D.; Peter Sedgwick, M.S., M.D.

## Ways to Register

- Web: [www.mmc.org/neuroevents](http://www.mmc.org/neuroevents)
- Email: [neuroscience@mmc.org](mailto:neuroscience@mmc.org)
- Mail: Maine Medical Center - Neuroscience Institute, Attn: Mary Otis, 22 Bramhall Street, Portland, ME 04102
- Fax: (207) 662-0722

Name:
Organization:
Credentials:
Street Address:
City/State/Zip:
Phone::
Email:

## Conference Fees

\$100 for professionals; \$50 for individuals with brain injury, their friends and family members, and students

You may register for this event online, by email, or mail. With any method you choose, please mail your check payment with the names of attendees to:

Maine Medical Center - Neuroscience Institute  
Attn: Mary Otis,  
22 Bramhall Street,  
Portland, ME 04102

## Parking and Directions to the Abromson Center

Free parking is available on the USM campus in the parking garage on Bedford Street.

**From I-295 (North or South):** take exit 6B ( Forest Avenue North) in Portland. Turn left at the first light and proceed until you see the skywalk over the street. Drive under the skywalk and turn left on Surrenden St. to enter the garage. The Abromson Center is attached to the garage.

**If approaching the campus from Brighton Avenue:** follow Brighton Avenue towards downtown until it turns into Bedford Street. Turn right onto Surrenden Street immediately before the USM Alumni Skywalk, and continue into the USM Parking Garage.

## Access

If you need special parking assistance or auxiliary aids for effective communication during the conference, please call Kellie Selberg at (207) 662-8082 to make arrangements.

Please select the track or specific breakout sessions you plan to attend. This information will help us to ensure adequate seating for each session.

- Youth Concussion Track (Level I) – all sessions
- Level II Training (Prerequisite: Level I completion)

Or make one selection for a breakout session for each of the time slots:  
10:00 - 11:00

- Promoting Independence with Assistive Technology
- Utilizing resources within a community
- The Role of Complementary Medicine: Other Ways to Heal

1:15 - 2:15

- Initial Trauma Management of the Acutely Injured Patient
- Acute Brain Injury – A Team Approach

From Surviving to Thriving: Reinventing Oneself after Brain Injury  
2:15 - 3:15

- The Evaluation and Management of Disorders of Consciousness in the Rehabilitation Setting
- Parenting and Adolescent Brain Injury

Building Resilience: The Art of Bouncing Forward  
3:30 - 4:30

- Pediatric Acquired Brain Injury (PABI)
- Factors Influencing Post-Acute Brain Injury Rehabilitation Treatment Outcome

Paths to Self-Advocacy: Through the Smog with a Dog and a Blog